

# Example calendar for independent living

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11AM CHPC Church Service 2PM Vespers in Chapel 630PM Movie in Pub	2 9AM Tai Chi Class 10AM Crafting Group 11AM Trivia 1PM Wii Bowling League 2PM Exercise Class 3PM Kroger Trip 6PM Card Games	2 9AM Documentary Series 10AM Men's Coffee Hour 11AM Watercolor Class 1PM Wii Bowling League 2PM Exercise Class 3PM Stone Creek Trip 6PM Singing Group	4 10AM Trivia 11AM Shared Vision Group 12PM Shuffleboard Group 1PM Communion & Rosary 2PM Bible Study Class 3PM Blood Pressure Clinic 6PM Hand & Foot Cards	5 9AM Documentary Series 10AM Women's Coffee Club 11AM Manicures by Appt 12PM Lunch Bunch Outing 2PM Resident Council 6PM Bridge Games	6 9AM Kroger Trip 10AM OLLI Class 1PM Tai Chi Class 2PM Guest Speaker 3PM Happy Hour 6PM Euchre Game	7 3PM Happy Hour 4PM Pot Luck (BW) 6PM Saturday Night Movie in Pub
8 11AM CHPC Church Service 2PM Vespers in Chapel 630PM Movie in Pub	9 9AM Tai Chi Class 10AM Crafting Group 11AM Trivia 1PM Wii Bowling League 2PM Exercise Class 3PM Kroger Trip 6PM Card Games	10 9AM Documentary Series 10AM Men's Coffee Hour 11AM Watercolor Class 1PM Wii Bowling League 2PM Exercise Class 3PM Kenwood Towne Center Trip 6PM Singing Group	11 10AM Trivia 11AM Shared Vision Group 12PM Shuffleboard Group 1PM Communion & Rosary 2PM Bible Study Class 3PM Blood Pressure Clinic 6PM Hand & Foot Cards	12 9AM Documentary Series 10AM Women's Coffee Club 11AM Manicures by Appt 1PM Bingo 2PM Resident Council 6PM Bridge Games	13 9AM Kroger Trip 10AM OLLI Class 1PM Tai Chi Class 3PM Happy Hour 6PM Euchre Game	14 3PM Happy Hour 4PM Pot Luck (BW) 6PM Saturday Night Movie in Pub
15 11AM CHPC Church Service 2PM Vespers in Chapel 630PM Movie in Pub	16 9AM Tai Chi Class 10AM Crafting Group 11AM Trivia 1PM Wii Bowling League 2PM Exercise Class 3PM Kroger Trip 6PM Card Games	17 9AM Documentary Series 10AM Men's Coffee Hour 11AM Watercolor Class 1PM Wii Bowling League 2PM Exercise Class 3PM Northgate Mall Trip 6PM Singing Group	18 10AM Trivia 11AM Shared Vision Group 12PM Shuffleboard Group 1PM Communion & Rosary 2PM Bible Study Class 3PM Blood Pressure Clinic 6PM Hand & Foot Cards	19 9AM Documentary Series 10AM Women's Coffee Club 11AM Manicures by Appt 12PM Lunch Bunch Outing 2PM Resident Council 6PM Bridge Games	20 9AM Kroger Trip 10AM OLLI Class 1PM Tai Chi Class 2PM Guest Speaker 3PM Happy Hour 6PM Euchre Game	21 3PM Happy Hour 4PM Pot Luck (BW) 6PM Saturday Night Movie in Pub
22 11AM CHPC Church Service 2PM Vespers in Chapel 630PM Movie in Pub	23 9AM Tai Chi Class 10AM Crafting Group 11AM Trivia 1PM Wii Bowling League 2PM Exercise Class 3PM Kroger Trip 6PM Card Games	24 9AM Documentary Series 10AM Men's Coffee Hour 11AM Watercolor Class 1PM Wii Bowling League 2PM Exercise Class 3PM Target Trip 6PM Singing Group	25 10AM Trivia 11AM Shared Vision Group 12PM Shuffleboard Group 1PM Communion & Rosary 2PM Bible Study Class 3PM Blood Pressure Clinic 6PM Hand & Foot Cards	26 9AM Documentary Series 10AM Women's Coffee Club 11AM Manicures by Appt 1PM Bingo 2PM Resident Council 6PM Bridge Games	27 9AM Kroger Trip 10AM OLLI Class 1PM Tai Chi Class 3PM Happy Hour 6PM Euchre Game	28 3PM Happy Hour 4PM Pot Luck (BW) 6PM Saturday Night Movie in Pub
29 11AM CHPC Church Service 2PM Vespers in Chapel 630PM Movie in Pub	30 9AM Tai Chi Class 10AM Crafting Group 11AM Trivia 1PM Wii Bowling League 2PM Exercise Class 3PM Kroger Trip 6PM Card Games	31 9AM Documentary Series 10AM Men's Coffee Hour 11AM Watercolor Class 1PM Wii Bowling League 2PM Exercise Class 3PM Library/Walmart 6PM Singing Group				

