



Ohio Living

Sarah Moore

Sarah Moore Resident Newsletter

March 2020



HAPPY St. Patrick's Day!

Saint Patrick's Day

FEAST DAY

Saint Patrick's Day, feast day (March 17) of St. Patrick, patron saint of Ireland. Born in Roman Britain in the late 4th century, he was kidnapped at the age of 16 and taken to Ireland as a slave. He escaped but returned about 432 to convert the Irish to Christianity. By the time of his death on March 17, 461, he had established monasteries, churches, and schools. Many legends grew up around him—for example, that he drove the snakes out of Ireland and used the shamrock to explain the Trinity. Ireland came to celebrate his day with religious services and feasts.

Patrick's Day into a largely secular holiday of revelry and celebration of things Irish. Cities with large numbers of Irish immigrants, who often wielded political power, staged the most extensive celebrations, which included elaborate parades. Boston held its first St. Patrick's Day parade in 1737, followed by New York City in 1762. Since 1962 Chicago has colored its river green to mark the holiday. (Although blue was the color traditionally associated with St. Patrick, green is now commonly connected with the day.) Irish and non-Irish alike commonly participate in the "wearing of the green"—sporting an item of green clothing or a shamrock, the Irish national plant, in the lapel. Corned beef and cabbage are associated with the holiday, and even beer is sometimes dyed green to celebrate the day. Although some of these practices eventually were adopted by the Irish themselves, they did so largely for the benefit of tourists. Green beer, anyone?

<https://www.britannica.com/topic/Saint-Patricks-Day>

Chocolate Tasting

Oh, my goodness, the Valentine's day chocolate tasting was certainly an adventure. Thank you to all that attended. The turn out was fantastic and I was actually a little worried if one more showed up we might not be able to shoehorn them in. That is such a wonderful problem.



Chocolate, Chocolate, and more Chocolate

I know a few were concerned when they saw the tasting sheet with columns for **So Weird, So Good and So Gross**. The tastes were just as varied as the opinions. However, the most Gross chocolate was almost unanimous- Extra dark 95% cocoa was deemed just awful and not fit for human consumption. Potato chips dipped in chocolate, Gin and tonic chocolate where you could taste the gin, chocolate and bacon bits, and chocolate wine were a few of the more interesting tastes. Anna's hand dipped strawberries were a huge hit and surprisingly enough the wine was deemed delicious.



If you missed it this year don't worry, we will do it again next year. Maybe I will be able to find some chocolate covered ants (wink). You may see Chocolate wine sooner due to multiple requests.

Save the date!
Annual Easter Egg Hunt
Saturday, April 4th



This year's Resident & Staff family Easter Egg Hunt will be held on Saturday, April 4th at 1:00pm. Please make sure to mark your calendars as it will be the first Saturday in April. The April newsletter won't give you much time to invite your family members so do it now 😊 because we need children. Details and flyers will be hung throughout the building as the date gets closer. We do ask that children be 9 years old or younger.

Community Building
MARCH 2020 – DECEMBER 2020

WHO? | GUESS? | WHO?

How well do you think you know your neighbours and caregivers? Starting in March, a billboard with a baby picture and 7 random facts will be placed in the rehab café of either a resident or caregiver. Do you think you can guess who is pictured based on these facts alone? You will have up to 4 weeks to guess and the winner will get a small prize!

Residents who wish to participate, please see Activities!

Employees who wish to participate, please see Gorjeana or Shawna!

This Coming April!
Ohio Living Sarah Moore's
Friday, April 24th at 1:30



Calling ALL Residents and Staff!

Share your Talents with your friends at Sarah Moore!

Singing, Comedy, Magic, Poetry, Share a hilarious story or an amazing ability. Our Ohio Living Sarah Moore community is filled with talent just waiting to be unleashed, it makes sense to share it.



An Affordable Way to Make a Big Impact

If there's one thing we can count on in life, it's change. Life's constant changes can make it difficult to balance caring for your family and supporting the organizations you care about. Fortunately, there's a solution.

Instead of giving a fixed amount to Ohio Living Sarah Moore, consider gifting a percentage of your estate, retirement account, life insurance policy or donor advised fund.

Percentage Giving and Your Will

If you want to remember Ohio Living Sarah Moore in your will, there are two ways you can support our mission with a percentage gift:

- 1.) Gift Ohio Living Sarah Moore a percentage of your estate in your will or living trust.
- 2.) Leave Ohio Living Sarah Moore a percentage of your residual estate (the portion of your estate that remains after all claims of the estate are settled).

Give Us a Percentage of Other Assets

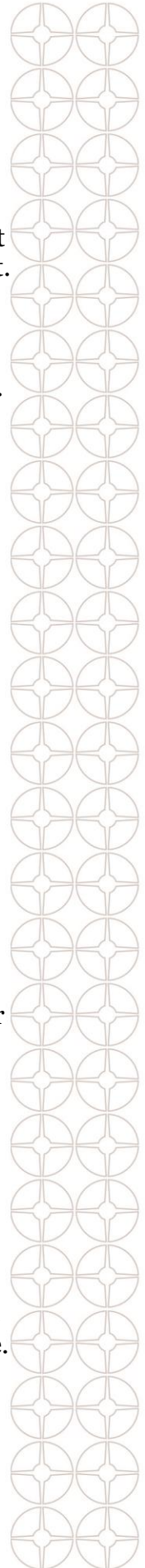
You can also remember Ohio Living Sarah Moore in your future plans by naming Ohio Living Sarah Moore a beneficiary of your retirement plan assets, life insurance or donor advised fund. Naming Ohio Living Sarah Moore as a beneficiary is as easy as filling out and returning a piece of paper.

- 1.) Request a copy of the change-of-beneficiary form from your provider (or download a copy from their website).
- 2.) Fill out the form, naming Ohio Living Sarah Moore, along with the percentage you'd like us to receive, on the form.
- 3.) Sign and return the form to your plan administrator, insurance company or sponsoring organization. Be sure to keep a copy for your records as well.
- 4.) Notify us of your gift so we can thank you for your support and welcome you to our legacy society.

Every Gift Matters

Gifts of all sizes, from 1 to 100 percent, make a difference for those we serve. Please contact **Sue Melnyk, Corporate Executive of Gift Planning** at **614.359.2066** if you have any questions about naming Ohio Living Sarah Moore a beneficiary in your plans.

The information in this publication is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in any examples are for illustrative purposes only. References to tax rates include federal taxes only and are subject to change. State law may further impact your individual results.



Shining Stars

Employee Recognition for February

Each month we will recognize all staff members that have received recognition from their coworkers, residents, or family members during the previous month. It is the dedication and commitment of our staff that make Ohio Living Sarah Moore such a wonderful place to live and to work. If you would like to recognize a staff member, please request a recognition form from the front desk.

Shining Stars for the month of February

Amelia Fickle-Showed caring and compassion toward loved one's increasing pain and anxiety comfort level, was very much appreciated.

Cindy Curtis- Is a hard-working employee! Handles any shenanigans thrown her way and makes sure the job gets done right.

Chrissy O'Connor- Took excellent care of my loved one and payed attention to her changing needs.

Elora Copley- Always does the job the right way the first time, and always helps out when needed with out being asked.

Kim Bigler- Always coming in when we need extra help. Thank you for everything you do.

Pam Hamilton- Was more than an aide assigned to take care of loved one. Took care of needs with compassion like no one else. Became a friend to her and she looked forward to seeing her every morning. She really helped her in her last few days.

Pam Hamilton- Care was above and beyond for my loved one. Exhibited love, caring and compassion for her welfare.

Penny Miller- Thank you for everything you do. Jumping in to help out other departments when needed. We really appreciate you

Serena Smith- Always takes the time to give me a nice long shower. She puts on lotion and picks out comfortable clothes. I really love my showers.

Serena Smith- Is very kind and patient. The residents report how friendly she is with them. She never rushes anyone. Everyday she works she goes above and beyond. That is just her hard working personality.

Recognition of great work creates more!

Please take a moment to recognize those staff members that make Sarah Moore a fantastic place to live. Recognition cards are available at the front desk.

March's Life Long Learning: Documentary Discovery

Please join us every Monday at 2:45 in the activity room for

The Remarkable 20th Century



The Astonishing Events and People That Have Shaped Our Modern World

Hosted by award-winning journalist and ABC network news anchor Howard K. Smith, THE REMARKABLE 20TH CENTURY brings to life every noteworthy event of the past hundred years. If it was important and it happened during the 20th Century, you'll see it in this amazing five-DVD set.

Witness firsthand as the motion-picture industry is born and Henry Ford's automobile creates modern manufacturing. See interviews with hundred-year-old-plus Army veterans as they describe the horrors of World War One. You're on the scene as the Titanic sinks, the Hindenburg crashes, and post-war Europe is reshaped. Roar into the twenties and the Great Depression. Walter Cronkite and Howard K. Smith take you step-by-step through World War Two. Experience the Korean War and see the birth of rock 'n' roll. Witness JFK's assassination. Feel the social turbulence of the civil rights demonstrations, hippie anti-war protests, and Nixon resigning in disgrace. Be a part of Americans landing on the moon, see Ronald Reagan nearly assassinated, the Challenger disaster, and the Berlin Wall coming down. Watch as the world kicks Saddam Hussein out of Kuwait, Russian Communism ends, and Bill Clinton goes through the embarrassment of impeachment.

All these historic events burst to life through never-before-seen footage and photos of everything from politics to the greatest sports stories of the day.

This month: The 1900s-1940s

1900s -takes a look at some of the major events and happenings during this time of transition, innovation - and world war. Highlights of the first decade include the Wright Brothers' flight, Teddy Roosevelt overseeing the construction of the Panama Canal, Thomas Edison inventing the motion-picture camera, and the devastating San Francisco Earthquake of 1906, plus Jack Johnson becoming the first black boxing champ, the first World Series of baseball, and Albert Einstein developing theories that would influence the rest of this remarkable century.

1910s-The second decade saw the First World War, the still-controversial film Birth of a Nation, Charlie Chaplin and Rudolph Valentino, and the ill-fated maiden voyage of the HMS Titanic, as well as the emergence of Ty Cobb and Jack Dempsey as sports giants.

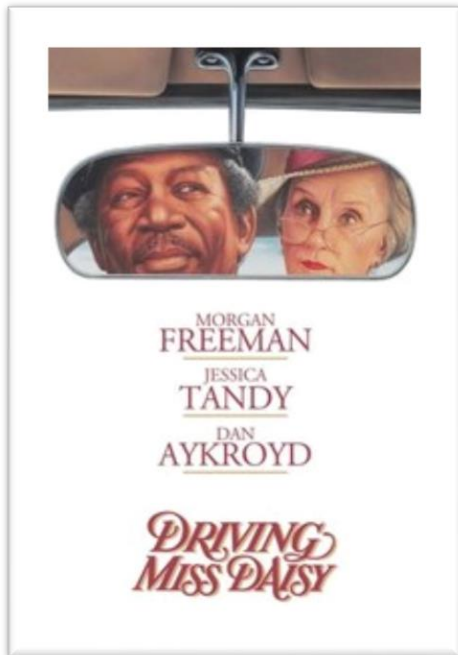
1920s- the twenties roar with flappers, Prohibition, and Charles "Lucky Lindy" Lindbergh flies across the Atlantic the same year the movies learn to talk, courtesy of The Jazz Singer. The twenties also saw the landmark Scopes Monkey Trial and two soon-to-be-heard-from leaders named Hitler and Stalin beginning to flex their muscles. The sports world cheered as Babe Ruth, Lou Gehrig, and Knute Rockne improved on perfection.

1930s- The bubble burst in 1929 when the stock market crashed, sending America in a Great Depression that lasted through most of the thirties. Across the Atlantic, Hitler and Mussolini were becoming all the more powerful and frightening. But it was also the decade of Gone With the Wind, the Wizard of Oz, FDR's New Deal, boxing great Joe "The Brown Bomber" Louis, and black runner Jesse Owens showing up Adolf Hitler at the Berlin Olympics.

1940s- takes us step-by-step through World War II - from the Japanese bombing of Pearl Harbor to D-Day; from the Holocaust to the death of FDR, and the bombing of Hiroshima and Nagasaki that brought a sudden and violent end to the war. But the forties also gave us Citizen Kane, Casablanca, Bob Hope's USO tours, Frank Sinatra's crooning, sports greats Joe DiMaggio, Jackie Robinson and Ted Williams, as well as the establishment of the United Nations, the state of Israel, and the People's Republic of China.

Please join us Monday afternoons at 2:45 to learn about these incredible moments in history.

Movie Matinee



Driving Miss Daisy March 11th at 1:30 (HCC)

Daisy Werthan (Jessica Tandy), an elderly Jewish widow living in Atlanta, is determined to maintain her independence. However, when she crashes her car, her son, Boolie (Dan Aykroyd), arranges for her to have a chauffeur, an African-American driver named Hoke Colburn (Morgan Freeman). Daisy and Hoke's relationship gets off to a rocky start, but they gradually form a close friendship over the years, one that transcends racial prejudices and social conventions.



Funny Face March 18th at 1:30 (HCC)

Dispatched on an assignment, New York City-based fashion photographer Dick Avery (Fred Astaire) is struck by the beauty of Jo Stockton (Audrey Hepburn), a shy bookstore employee he's photographed by accident, who he believes has the potential to become a successful model. He gets Jo to go with him to France, where he snaps more pictures of her against iconic Parisian backdrops. In the process, they fall for one another, only to find hurdles in their way.

March's Notable Dates

Entertainment

4th	2:00	John Lafollette	HCC
12th	1:30	Mark GG	S3
13th	1:30	Music w/The Grands	HCC
16th	1:30	Piano w/Dick Tobin	HCC
21ST	1:00	The Ramblers	HCC
23RD	1:30	Cathi Aldrich	HCC
31ST	1:30	Randy Smith	S3

Special Events

5th	10:00	Coffee Klatch	RC
5th	2:15	Crockpot Dessert Social	RC
17th	1:30	St Patrick's Day Shake Social	S3
25th	2:00	Resident Birthday Party	HCC
26th	2:15	Crockpot Dessert Social	RC
27th	1:30	Taste Adventure: France	HCC

Beginner Sudoku

	8			3				2
7				5		9		
		9	7	6	2			8
			6			5	8	
	5						4	
	7	4			3			
3			1	4	6	7		
		7		9				3
1				7			9	

The classic **Sudoku** game involves a grid of 81 squares. The grid is divided into nine blocks, nine rows, and nine columns each containing nine squares.

The **rules** of the game are simple:

1. Each of the nine blocks must contain all the numbers 1-9 within its squares.
2. Each number can only appear once in a row, column or box.

St. Patrick's Day Word Search

L L Y K C U L C M Q P H B S R
F E R R N P F E O T S O N M J
N P G O C Z Q L X I V A N Y L
C E K E N H H T R Y K V Y S W
K W E Q N K M I C E Y Q S B N
E C R R S D W C S E G G R K N
D D O Q G O F C I I W G A Z V
X S J R B N K M F P N O B K I
S U D N M S W U Z M B J U C J
U Q I N U A H C E R P E L I I
E A G O L D H F H A X O H R G
R I X M N Z A S A H K Y T T O
I R E L A N D P L C B V B A L
D P Z I S J N D C C W A A P U
N Y A X F E M H Z K S D E V J

CELTIC
CHARM
GOLD
GREEN
IRELAND
IRISH
JIG
LEGEND

LEPRECHAUN
LUCKY
PATRICK
POT
RAINBOW
SHAMROCK
SNAKES

