



'Paper Boys' Deliver Cheer

Residents support campus initiative

Don Klotz and Ed Wechtel wake up at 5:30 a.m. every morning to find the daily stack of newspapers sitting in the lobby. They split the stack and go on their respective routes around the apartment building to deliver a paper to every subscriber's doorstep.

Ohio Living Swan Creek resident "paper boys" like Don and Ed have been delivering newspapers to their neighbors for the past decade. Not only is the Toledo Blade beloved around campus, so are the people who deliver them every single day.

Don, a retired pediatric surgeon, loves being involved in the community and happily delivers the papers each morning.

Ed, retired Chief of Police in Ottawa Hills, Ohio, started delivering the papers when he was asked to fill in for two days. That was four years ago.

"When you live here you're on a first-name basis with 150 people that you've never met before," said Ed. "They all become friends. The Toledo Blade delivery helps that."

Don and Ed are also giving back to the community by donating the old papers. "We recycle the papers every week to the local animal shelter to help line the animal's cages," Don explained. "It's nice to know that [the papers] have another purpose and are not being thrown into the trash right away."

The Blade pays the paper boys for their efforts, and the money they earn is contributed to the Resident Association – its main source of income. Those earnings have purchased a variety of items for the campus such as the sound system in the theater, woodshop equipment and supplies, chapel and spiritual life supplies, fencing along the entry drive and more.

Delivering newspapers is just one of the many ways residents can be involved on campus. The Resident Association is very active, and there are more than 20 other committees and groups that residents can join based on their interests and backgrounds.

"Key staff attend the Association's monthly meetings to answer questions and share new information," said Executive Director Ann Roller. "Residents have a voice on our campus. Some of our best ideas have come from our residents. We just work here; this is their home."



From Left: Don Klotz, Ralph Jones, Ed Posluszny and Ed Wechtel

A Legacy of Love



In January we mourned the passing of Jeanne Reed, a beloved 25-year resident of Ohio Living Swan Creek.

Jeanne was well-known for

her exceptional philanthropic and volunteer leadership throughout greater Toledo and especially at our campus.

She established the Reed Fund of the Toledo Community Foundation, which provides funding for educational, health and cultural activities throughout northwestern Ohio and southeastern Michigan.

In 2010, Jeanne made a transformational gift when she funded our Reed Chapel. She also established two endowments that will support the campus in perpetuity: the Jeanne Reed Endowment for Life Care, and the Reed Whole Person Wellness Endowment.

Additionally, Jeanne funded arts programs, health care equipment, spiritual life, technology and numerous campus enhancements. She was key to the creation of our "Gifts N' More" shop where she volunteered regularly.

Before her passing, Jeanne made a gift to bring five live music and drama events to our campus this year, ensuring that her legacy of love for others will live on.

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Keep Yourself Young with Technology and Innovation

Ohio Living partners with state colleges and institutes

At Ohio Living, we're always on the lookout for partners in our ongoing efforts to stay at the forefront of innovation in aging services. Here are a few of the partnerships that are currently helping us bring unique opportunities to our residents, patients, staff and those in our surrounding communities:



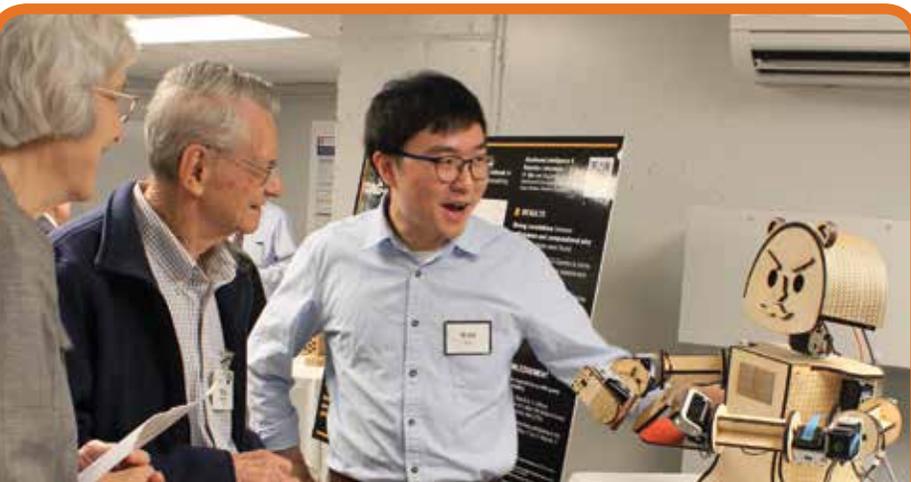
Nursing School Rotations

In 2011, the father of Youngstown State University (YSU) nursing professor Mary Shortreed was a resident at Ohio Living Lake Vista in Cortland. She was so impressed by his care that she wanted her nursing students to experience it firsthand. Since that time, Mary's students have gone through nine-week sessions in the long-term care center one day per week to learn about care from professionals she trusts. "I choose to be at Ohio Living Lake Vista because of the way they care for their residents and the way they treat my students," said Mary.



Project VIBE

Ohio Living Park Vista and YSU have teamed up to offer Project VIBE (Valley Initiative to promote Balance among the Elderly) to Mahoning Valley residents. Participants receive free assessments that examine things like gait, balance, strength, cognition, lifestyle and more. "Falls are the leading cause of injury among older adults, which is a major threat to independence and leads to costly health care," said Dr. Tiffany Hughes, Assistant Professor of Gerontology at YSU. "Project VIBE helps to better understand who is at risk and raises awareness about fall prevention."



Smart Living Lab

Ohio Living Breckenridge Village in Willoughby built a 2,400-square-foot Smart Living Lab on its campus to give residents a dedicated location for trying out new devices and programs that meet age-related needs. In collaboration with Case Western Reserve University researchers, participants work with the devices before the technology advances to the marketplace—and where university faculty and students can immediately relate with them to address their daily challenges. This program has proven so popular that there is a waiting list to be able to participate!



Student In Residence

Ohio Living Westminster-Thurber has partnered with the Ohio State University for a special opportunity as part of the Age-Friendly Student In Residence Program. Natalie, a 21-year-old student in the College of Social Work and an intern with Age-Friendly Columbus and Franklin County, lives in a studio apartment at our Columbus life plan community. To fulfill her requirement of engaging formally with the community, Natalie hosts a weekly "Porch Stories" program where residents share their personal stories relating to the topic of the week.

Community Calendar



APRIL

Owens Community College Band
 April 15, 7 to 8 p.m.
 Location: Reed Chapel



Monopoly Happy Hour with Live Music
 April 25, 3 to 4 p.m.
 Location: Marsh Center

MAY

Moving Expo
 May 16, 11 a.m. to 2 p.m.
 Location: Marsh Center

Visit www.ohioliving.org or call 419.865.4445 to reserve a spot

Join us to learn just how the process of a move is a puzzle, and we have all the pieces. Meet vendors from movers, realtors and more to help prepare now or for the future.



Toledo Opera: Romeo & Juliet
 May 2, 3 to 4 p.m.
 Location: Reed Chapel



UPCOMING EVENTS

Succulent Class
 June 21, 1 to 3 p.m.
 Instructor: Sylvia Washburn
 Location: Swan Theatre

For additional information on events and activities at Ohio Living Swan Creek, please call: 419.865.4445

How to Know it's Time

Simplify your life with a move to an Ohio Living community

Did you know that you can simplify your life while enriching your lifestyle? Ohio Living life plan communities are active, vibrant places designed exclusively for people who are aged 55 and better. Here, you can focus on what matters most: enjoying the best years of your life, care-free!

Too often, people think that moving to a condo is the best way to downsize and take the next step toward a simpler life. After all, it can eliminate some of the time and money spent on home upkeep. But moving to an Ohio Living community offers the same benefits while also securing a plan for your future that allows you to enjoy the present.

So how do you know if it's time to make the move? Let's look at four questions that can help you decide:

Are you tired of home upkeep?

Is the care and maintenance of your home more of a burden than a joy? If so, get ready to delete the numbers for your handyman, plumber and electrician – at Ohio Living, you won't need them! Let us handle the routine maintenance and urgent repairs, both inside and out. We'll also take care of the leaf raking, snow shoveling, lawn mowing and landscaping, so you have more time for the things you enjoy.

Do you live alone?

Safety, security and quality of life are all things that can be easily compromised when living alone. Residing in an Ohio Living community where there's fast access to medical care, along with staff and neighbors who are there to check in on you, can make a world of difference in staying independent. Enjoy the peace of mind that comes from knowing your home will be looked after in your absence.

Are you being challenged?

Our minds are kept sharp by learning new skills. As an Ohio Living resident, you'll have access to more opportunities to challenge yourself than you ever thought possible. Enjoy lifelong learning opportunities through workshops and lectures; fitness classes and access to top-of-the-line equipment; social engagement through trips, clubs, volunteer work and activities; cultural enrichment like music and theater performances as well as participation in arts classes; and spiritual life programming including worship services, Bible studies and more.

Do you have a plan for your future?

As an active person, it's best to be proactive and plan for your future health care needs. If you take control of those decisions now, your family won't have to if a crisis happens later. When you make an Ohio Living community your home, you'll have access to varying levels of care for different stages of health. You can move from one level of care to another – and back again – with ease. You'll also have access to transportation to offsite medical appointments if needed. You have a lot of living yet to do! Call us today to schedule your tour and see why our residents say they wish they'd made the move to this incredible lifestyle years earlier.

JOIN US!

OHIO LIVING MOVING EXPO



11 Ohio Locations, Same Ohio Living Expertise

Talk to experts about what it takes to move, and learn about everything Ohio Living has to offer for independent living.

Take a tour and connect with professional:

- Packers
- Movers
- Realtors
- Interior designers
- Stagers
- And more!

May 16

11 a.m. to 2 p.m.



Visit ohioliving.org or call 419.865.4445 to make a reservation and learn more about our moving expo locations!

JOIN US!

OHIO LIVING MOVING EXPO



11 Ohio Locations, Same Ohio Living Expertise

We know that planning a move can be overwhelming, and it only gets more complicated when you and your family members live in different parts of the state. That's why we're offering 11 moving expos throughout Ohio on the same day.

Talk to experts about what it takes to move, and learn about everything Ohio Living has to offer for independent living.

May 16
11 a.m.
to
2 p.m.



Visit ohioliving.org or call 419.865.4445 to make a reservation and learn more about our moving expo locations!



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*A Message
From our
Executive
Director*

**ANN
ROLLER**

Resident Spotlight: Florence Kalanquin

Last year, Florence Kalanquin's brother wanted to skydive for his 80th birthday. Florence, 87, offered to jump with him.

His children from Florida, Oklahoma and South Carolina – eight people in all – joined in the skydiving fun. "It was a glorious day, so exhilarating" Florence said. "Next year we hope to go ziplining!"

What does she like best about her life at Ohio Living Swan Creek? "The people," Florence answered easily. "Everyone speaks to each other. I regret that I didn't move here earlier. I chose to live alone in my small house for 20 years and became very lonely. At Ohio Living Swan Creek, I'm never lonely. There's plenty to do. I don't have a best friend, but everybody here is my friend."



We've finally traded winter for spring here at Ohio Living Swan Creek! But you won't have to trade anything to come live the community lifestyle with us.

Some of our residents used to assume that moving here meant they would have to give up certain things about their lives that they loved. But instead they've happily found that their new experiences here are adding to their lives! They haven't given up anything except snow shoveling, lawn mowing and home maintenance.

Our residents know what it means to live life to its fullest every day. Opportunities for educational growth, fitness, worship, friendship, the arts and more are at their fingertips. There are also numerous ways to give back, whether it's through volunteering on campus or working toward another charitable cause in our greater community.

Spring is moving season. If you're even thinking about a move to Ohio Living Swan Creek, now or in the future, attend our upcoming Moving Expo on May 16. Or call 419.865.4445 to learn more about how you can have an easy transition to a life-changing lifestyle at Ohio Living Swan Creek.



A Place To Call Home

Apartment living at Ohio Living Swan Creek provides freedom from home upkeep and maintenance with all the added amenities that will allow you to live life your way.

Apartment homes feature:

- Variety of floor plans
- Fully-equipped kitchens
- Beautiful views
- Spacious closets and storage
- Housekeeping services
- Choice of floor coverings and paint colors
- Gas, water, electric & cable
- Restaurant style dining
- And much more!



Call
419.865.4445
to schedule
your visit
today!

