



Westminster-Thurber Community

March 6, 2015

Hello Friends,

Wow, this has been a hard winter. The good news is Spring is coming. Really and truly, it says so on my calendar ... March 20. As the days grow longer, the temperature rises and nature brings color back into our everyday, I hope you feel alive and healthy.

Being safe is a priority. **Thinking about your safety**, when is the last time you replaced your smoke detector battery? It is recommended to replace them annually. Why not use the season of Spring as a reminder to change that battery. Put a fresh new battery in your smoke detector as you enter the renewal season of Spring. If you are thinking about how hard it is to reach your smoke detector, ask your family to help or a friend. If you are doing it by yourself, do it in a safe manner. Changing your smoke detector battery now may save you from being woken in the middle of night by it chirping at you, saying "**change me**".

At Westminster-Thurber Community, **safety is a way of life here**. Some of the ways we continually ensure that our residents are safe is by: **1.** Doing preventative maintenance checks in our apartments several times a year. **2.** During the winter, staff braves the cold to make sure the sidewalks and parking lots are cleared of snow and ice. **3.** Every day by 10 a.m., our resident safety check system gives us the assurance that all our residents are okay. **4.** Staff are given ongoing education about safety procedures on all our mechanical and fire safety equipment. When a person feels safe, they can live with a greater sense of **peace of mind**.

Progress on our many construction and renovation projects are **all on schedule**. The new dining rooms and the new restaurant kitchen in our **Health Care Center** will be done in late Spring. In addition, the new atrium area is making great progress. **Goodale Landing**, our new independent living residence, is framed and with windows on floors 2, 3, 4. The building is scheduled to open in late Fall. Our new **Medical Center**, featuring Central Ohio Geriatrics physician group, will begin to have office hours later this Spring.

You are receiving this newsletter because **you have made a connection** with Westminster-Thurber. Thank you for allowing us to share with you our exciting news. Since 1965, we have been serving older adults. Please take a moment to read about the educational opportunities being offered at Westminster-Thurber. I hope you will come to the events we offer.

Happy Spring!

Take care and stay active,

A handwritten signature in blue ink that reads "Joel".

Joel Wrobbel

Director of Marketing

jwrobbel@westminster.oprs.org

Upcoming COFFEE TIME Events!

10 a.m. Coffee & Refreshments / 10:30 a.m. Featured Speaker

April 7, 2015

History of Clippers Baseball



Westminster-Thurber would like to welcome Joe Santry, Director of Communications/Media and the team Historian for the Columbus Clippers.

Joe is known as the “Dean” of professional baseball historians. He will share with us fascinating facts about the team and his 30 years experience of being a part of it! You don’t want to miss this one!

May 5th, 2015

“HATS OFF TO YOU”



Ladybugs and Buckeyes, a local group, will highlight what type of head coverings women wore from the early 1860’s up to the present, including a hat from the 2014 Kentucky Derby. Their presentation, “My Bonnet” is an off shoot of a larger program “Ohio Fashions in History” that was created at the time of the bicentennial and has been presented all over the State. Come enjoy this updated story and bring or wear a favorite hat, if you have one!

What is Coffee time? Coffee Time is a **FREE** event that provides you an opportunity to learn something new, be entertained or be informed about a topic or issue affecting older adults. Monthly, Westminster-Thurber offers fresh baked breakfast refreshments and coffee at 10 a.m. Then, at 10:30 a.m., we move to the auditorium to hear from our scheduled Coffee Time speaker. RSVPs are required, as the coffee portion can only accommodate 65 guests, but our main presentation can accommodate over 150 guests.

Church groups and senior centers are welcome!



The #1 Parkinson’s exercise program comes to Westminster-Thurber Community



OhioHealth’s Delay the Disease mobility program is designed for people with Parkinson’s disease. The program delivers symptom-specific exercises that optimize function and restore independence. Participants will experience:

- Improvement in mobility
- Posture
- Balance
- A reduction in daily functional challenges
- Handwriting
- Speech volume

Class offered on **Monday’s at 10:30 a.m.** Class fee is **\$5 per class**, join anytime. For more information call

Valerie Hartwell at **614.228.8888** or **email:vhartwell@westminster.oprs.org**



Experience how good life can be at Central Ohio's most sought after retirement destination!

Westminster-Thurber Community

Thursday, April 16, 10 a.m. to 1 p.m.

Westminster-Thurber with its history of excellence, since 1965, has a lot to offer. At the *Showcase of Apartments* event, you will learn about the many features and amenities offered and you will tour several apartment styles. The program also includes a lunch where you can ask our current residents your questions. **Please RSVP to 614.228.8888.**



A rare opportunity is like ...

Finding a 4-leaf clover which is like having an open apartment at Thurber Tower on the campus of Westminster-Thurber. Believe it or not, there is an open one-bedroom apartment, ready for you. Interested?? Call today for the floor plan and all the details. Forget about going on the wait list ... move right in.



New beginnings can happen at ...

Westminster-Thurber Community

We're growing!

Goodale Landing



**Opening
Fall
2015**

Don't miss out!

We still have a few apartments left. Attend an upcoming Informational Meeting:

Thursday, March 26, at 2 p.m.

or Thursday, April 23, at 2p.m.

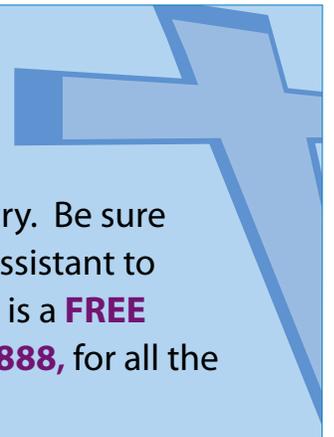
Call 614.228.8888 today to RSVP or to request additional information.

MARK

YOUR

CALENDARS

The 11th annual Church Administrative Assistant luncheon is **April 22, 2015**. Come and be encouraged and energized for ministry. Be sure to send your Church Administrative Assistant to the luncheon (paid or volunteer). This is a **FREE** event. Call Valerie Hartwell, **614.228.8888**, for all the details and to RSVP.



Westminster-Thurber Community

717 Neil Avenue
Columbus, OH 43215
614.228.8888



 Newsletter
From your Friends at

Westminster-Thurber Community

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We Have Exciting News For You!

Take a few moments and read about the exciting opportunities available to you and your friends. This  Newsletter includes:

-  Schedules for **April and May** – invite a friend and join us.
- The #1 Parkinson's exercise program comes to Westminster-Thurber Community
- Showcase of Apartments
- The 11th annual Church Administrative Assistant luncheon
- A rare opportunity
- We're growing!

Visit us online at www.westminsterthurber.org