

OHIO LIVING VIVO CENTER | OCTOBER 2023

234.232.7221

WEEKLY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday	
2 9:30 Wellness Walking 2:00 Tai Ji Quan	3 10:00 Tech Corner 11:00 Scrabble 1:00 Hand & Foot 1:00 Party Bridge	4 9:00 Wood carvers 2:00 Tai Ji Quan	5 9:30 Walk with a Doc Southern Park Mall 11:00 Line Dancing 1:00 Dominos	6 1:30 YSU Fitness	Monday 9:30 Wellness Walking 3:30 Bible Study
9  10:00 Stress Management 2:00 Tai Ji Quan	10 10:00 Tech Corner 11:00 Scrabble 1:00 Hand & Foot 1:00 Party Bridge	11 9:00 Wood carvers 2:00 Tai Ji Quan	12 10:00 Veterans Voice 11:00 Line Dancing 1:00 Dominos	13 10:30 Lunch & Learn Medicare 101 Presented by First Ins. Grp. 1:30 YSU Fitness	Tuesday 10:00 Tech Corner Sponsored by Family Tech Connect 11:00 Scrabble 1:00 Hand & Foot 1:00 Party Bridge
16 9:30 Wellness Walking 2:00 Tai Ji Quan	17 10:00 Tech Corner 11:00 Scrabble 1:00 Hand & Foot 1:00 Party Bridge	18 9:00 Wood carvers 2:00 Tai Ji Quan	19 10:00 Living Well Boardman Park Sponsored by EvoSure LTC Ins. 11:00 Line Dancing 1:00 Dominos	20 10:00 Living Well Youngstown VC Sponsored by Park Vista 1:30 YSU Fitness	Wednesday 9:00 Woodcarvers
23 10:00 Prostate Cancer Support 2:00 Tai Ji Quan	24 10:00 Tech Corner 10:00 Living Well Petersburg 11:00 Scrabble 1:00 Hand & Foot 1:00 Party Bridge	25 9:00 Wood carvers 2:00 Tai Ji Quan	26 10:00 Art & Brunch at the Butler 11:00 Line Dancing 1:00 Dominos	27 1:30 YSU Fitness	Thursday 9:30 Wellness Walking 1:00 Dominos
30 9:30 Wellness Walking 2:00 Tai Ji Quan	31 10:00 Tech Corner 11:00 Scrabble 1:00 Hand & Foot 1:00 Party Bridge			Please call in advance to sign-up or make reservations for all programs and events. 234-232-7221 Events are subject to change No Walk-ins permitted	Friday 1:30 YSU Fitness