

The Grapevine

Ohio Living Vineyard on Catawba Resident Newsletter | January 2019

Happy New Year 2019!

I sincerely hope everyone enjoyed a blessed and peaceful holiday season. Winter is officially upon us as are the cold temperatures and precipitation that come along with it. Whether walking or driving, please navigate with caution and safety at all times. If you are scheduled to get somewhere and the weather does not appear the best, you can call the office and ask us how the roads are before venturing out.

On behalf of the entire Ohio Living Vineyard on Catawba and Ohio Living Home Health and Hospice team, thank you for all your expressions of kindness and gratitude through the holidays. We are blessed to work and serve in a caring loving community that makes a difference in our lives. Thank you to all who reached out in support of those less fortunate in our community by donating hats, mittens, gloves, and scarves (247 pieces) for the children in Bataan elementary school or volunteered to ring the bell at Kroger for the Salvation Army Red Kettle campaign. Your selflessness is definitely making a difference in the community.

Here are some basic procedures for snow removal. Anytime snow is predicted, Concord Apartment residents need to move their cars to the top (North side) of the lot so that the snow can be cleaned up along the sidewalks and parking spaces as efficiently as possible. When that is complete, cars can be moved back. Snow removal will begin when accumulation has reached 2" or when a storm is done. Please be patient and wait for snow to be removed and ice-melter put down. If condo residents have an appointment and need to get out, please let us know so that we can make sure your drive is cleared in time. Always be safe.

For your safety and your neighbors, please let us know in the office if you plan to be away from the community for more than 24hrs. When we know you are away from your home, we can keep an eye on things and in the event of an emergency; we would not be putting emergency personnel or anyone else in harm's way searching for you.

Please be mindful of the 15 MPH speed limit here on the Vineyard Campus and remind any visitors you have of the speed limit as well. Safety is important to all.

If you are interested in volunteering some time on one of our many committees that help provide great programs for Vineyard residents, answering phones in the office from time to time, or just spending some time visiting with some other residents that would enjoy a visit, please inquire at the office regarding volunteer opportunities.

Blessings for the New Year!

Paul



FAITH + COMPASSION + COMMUNITY



New Year, New You!



Make one of your New Year's Resolutions the mantra "TRY IT."

Here are a few suggestions of ways you can be your best self and *try it*.

Do you love reading books? Come to the monthly Book Club and bring your insights to the group.

Do you love cooking? Sign up to bring a dish to share at the Potluck Party and join in on the food, fellowship and fun.

Want to get the lowdown on what's happening on our Ohio Living Vineyard on Catawba campus? Attend the Vineyard Voices and Coffee with the Administrator meetings that are held once a month. They are for all of our Vineyard residents! Wonderful and important information is always shared.



Feeling inspired to *try it* yet?

Is 2019 the year you want to take control of your health? Great! Come to the free weekly Health Screenings every Tuesday at 11:00 a.m. in The Gathering Room of the Concord Apartments and get your blood sugar and blood pressure checked. Know your numbers. Knowledge is power.

Lately have you heard of all the wonderful health benefits of yoga? Did you know we offer chair-based yoga in our Community Center on Tuesdays at 3:00? *And speaking of fitness...* we have a Fitness Studio in the Community Center!

Ohio Living Vineyard on Catawba offers a wide variety of activities. If you see something in this newsletter that sounds interesting, *try it*. Who knows, you may like it! And of course, if you have questions about *anything*, call the office at 419.797.3100.

We will be more than happy to help you *try it*.

HAPPY NEW YEAR 2019!!!

RECIPE FOR THE MONTH OF JANUARY 2019



***DOES WINTER WEATHER MAKE YOU GO BANANAS?
No problem, just make BANANA BREAD!***



Theresa Thomas' Famous Banana Bread

(Makes 1 large or 3 small Loaves)

*****Preheat oven to 350 degrees*****

Cream: ½ cup of Shortening

2 Eggs

1 cup of Sugar

Then Add: 1 tsp. of Baking Soda

2 cups of Flour

2 Mashed Bananas

Mix together and put into a greased loaf pan.

Bake at 350^o for 1 hour and 15 minutes; or

put into 3 small greased loaf pans and bake

for 35 minutes.

Note: If you talk to Theresa Thomas, she will tell you, "Well, I am known for my Banana Bread. The recipe is very old." She gave me a sample, and it was so good that I went home and made a loaf! Simple and delicious, requiring only 6 ingredients; it is a GREAT TREAT ON A COLD DAY! Submitted by: Sarah Tighe

Campus Activities: January 2019

Vineyard Voices

PLEASE NOTE: Due to the office being closed on New Year's Day, the January Vineyard Voices meeting will be on WEDNESDAY, JANUARY 2nd, in our Community Center at 10:00 a.m.

The Vineyard Voices meeting is our monthly resident meeting open to anybody who lives at Ohio Living Vineyard on Catawba.

Bake Sale

There will be a bake sale at The Vineyard Shop in The Gathering Room of the Concord Apartments on Thursday, January 3rd from 2-4 p.m.

Donations Appreciated!

Health Screenings

NEW DAY and TIME!

Tuesdays at 11:00 a.m.

FREE blood pressure and blood sugar screenings in The Gathering Room of the Concord Apartments by an Ohio Living nurse.

Refreshments, too!

Bible Study

Resident Dennis Smith will be leading a Bible Study, *Understanding Your Bible*, in the Community Center on Mondays at 10:00 a.m.

A few of the session topics will be:

- *The fall of Lucifer and his angels*
 - *The Paradise of God*
 - *The creation of man*
 - *The Garden of Eden*
- *The three days between the death and Resurrection of Jesus*
 - *The birth of the church*

And more!

For additional information, please contact Dennis at 419.573.6214.

Reservations for Bible Study are not required. Also, there will be no meeting on Monday, January 21st.

Campus Activities continued...

Catholic Communion Service

Commissioned Communion Ministers from Immaculate Conception parish conduct a Catholic Communion Service on Tuesdays at 2:45 p.m. in The Gathering Room of the Concord Apartments.

All residents and guests are invited; however, if you are not Catholic and not united with the Catholic Church you are asked to not receive Holy Communion.

The Catholic Communion service continues at the Chalet at 3:30 p.m. every Tuesday.

Music Memories

Please join us in the Community Center on Thursday, January 10th at 11:00 a.m. for some wonderful live music.



Arts and Crafts

* Friday, January 11th at 1:30 p.m.
at The Chalet

This will be a "No Sew Project."

- Please sign up in the office no later than noon on Friday, January 4th.



Yoga with Donna

* Chair-based;
All levels of ability welcome!

* Tuesdays at 3:00 p.m. in the
Community Center; lasts about an hour

The cost of Yoga with Donna will now be:

\$5.00

Communion Service

* In the Community Center on the second
Thursday of each month at 2:00 p.m.

* If you are unable to attend, Communion can
be brought to your home.

* Please call Marlene Carpenter at
419.797.6402 with any questions.

Potluck Party

We are having a **POTLUCK PARTY**
and you are invited!

WHO? You!

WHAT? A Potluck Party!!!

WHEN? Thursday, January 10th at 5:00 p.m.

WHERE? The Community Center

The theme for January is SOUP.

We will have a sign up sheet in the office for what is needed. If you sign up to bring an item to share, there is no charge. If you would like to attend the Potluck Party, without bringing an item to share, the cost is \$8.00.

Please sign up and/or pay in the office no later than noon on Monday, January 7th.

Campus Activities continued...

Technical Support

- * 2:15 p.m. on Monday, January 14th in the Community Center
- * Bring your Smartphone/Tablet/Laptop etc. and their chargers
- * There is a sign-up sheet on the counter of the library in the Community Center.

Health and Wellness Seminar

On Tuesday, January 15th at 1:00 p.m. in our Community Center, Paul Rash, RRT, RPSGT from Magruder Hospital will be here presenting on the topic of **Sleep Medicine.**

Reservations are not required.

Coffee with the Administrator

Join our Campus Administrator, Paul Shaw, on Thursday, January 17th at 10:00 a.m. in the Community Center for coffee and conversation.

No topic is off-limits

Book Club: Everybody is Invited!

The next meeting is on Monday, January 14th at 1:00 p.m. in the Community Center.

The group is led by Mary Braymeier from Ida Rupp Public Library. To begin, Mary fills everybody in on local events in the area.

The book of the month is then discussed. These discussions are lively, yet informal. To end the hour, Mary tells the group a little about the book that has been chosen for the next month's discussion.

This month's selection is:
The Curious Incident of the Dog in the Night-Time by Mark Haddon.

Extra copies of this book are available on the counter in the library of the Community Center.

Movie Afternoon

Ocean's 8

(starring Sandra Bullock & Cate Blanchett; rated PG-13; 1 hr, 54 mins.)

FRIDAY, JANUARY 18th at 1:30 p.m.
in the Community Center

FREE!

Popcorn & Refreshments Provided



Avery's One-Step-Closer-to-Spring Dinner

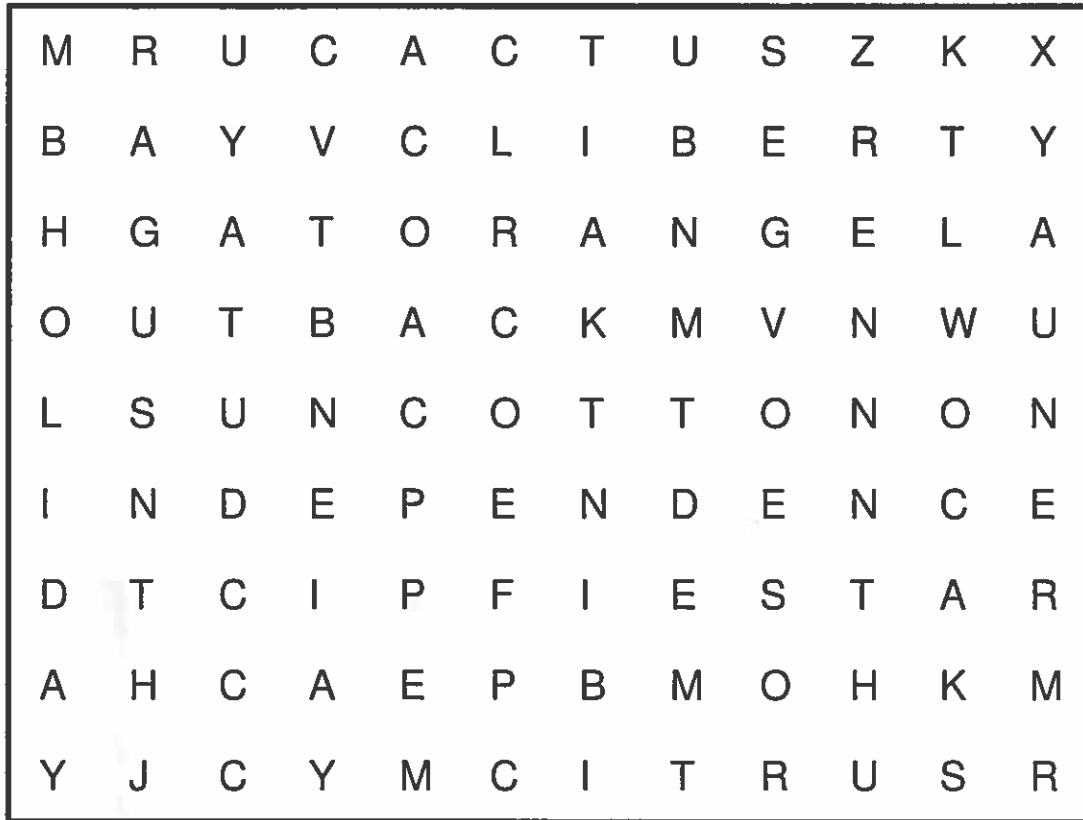
On Wednesday, January 30th at 5:00 p.m. Avery's will have a special dinner in the Community Center. The price is \$15.00 per person. The menu will be a crab cake appetizer, lobster tail with scallops, baked potato, asparagus and apple crisp.

Please sign up and pay in the office no later than noon on Wednesday, January 23rd.





COLLEGE BOWL GAMES WORD SEARCH



WORD LIST



- ALAMO
- CACTUS
- CITRUS
- COTTON
- FIESTA

- GATOR
- HOLIDAY
- INDEPENDENCE
- LIBERTY
- ORANGE

- OUTBACK
- PEACH
- ROSE
- SUGAR
- SUN



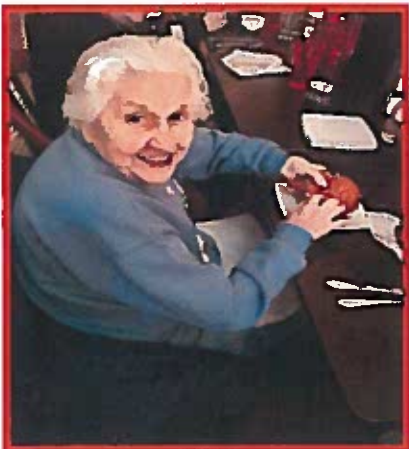
Out & About

Ladies Lunch

We have reserved the meeting room at "R Coffee Corner" in Harbor Light Landing on Tuesday, January 8th, for January's Ladies Lunch. We will leave the Vineyard at 11:45 a.m. that day.

They will have two "Soups of the Day" to choose from as well as their other food items and yummy specialty drinks.

Please let Kara know by noon on Friday, January 4th if you would like to go and if you would like a ride.



Breakfast Bunch

* Open to any male resident in our Ohio Living Vineyard on Catawba community.

- Carpool leaves every Monday morning around 8:00 a.m. to meet at a local restaurant.

* Questions? Please call Bruce Waters at 419.967.9107.

The Catawba Island Club Dinner

The CIC is closed for the month of January.



Vineyard Night Out

Thursday, January 24th

Meet at the Community Center at 5:00p.m.

We will be going to local favorite 1812 on Sand Road.

Please RSVP to the office by noon on Tuesday, January 22nd and let us know if you can drive or if you would like to ride along with someone.

Fun & Games

Pinochle

Wednesdays at 6:30 p.m.
in The Gathering Room.



Texas Hold'em

Wednesdays at 7:00 p.m.
in the Community Center.



Billiards

Thursdays at 1:00 p.m.
in the Log Cabin.



Bunko

Bunko is taking a break for January.



Mid-Winter Golf Event

Match times will vary.

Check the calendar for the dates.

Spectators welcome!

Bingo

Friday, January 4th at 1:30 p.m.
in the Community Center.

\$1.00 per card.

Playing for Cash!!!

Refreshments and a 50/50 raffle!

Bingo!

Dominoes

Mondays at 6:30 p.m.
in The Gathering Room
of the Concord Apartments.

New faces always welcome!

Bridge

We would like to have an afternoon
of playing Bridge in
February and/or March.

Please let us know if you are
interested and we can get it arranged
and on the calendar.



***If you would like a copy of the answer
key(s) for last month's puzzle(s),
please see Kara in the office.***



From the Office...

Thank You! Thank You! Thank You!

The Ohio Living Staff
would like to thank you for all of your
expressions of kindness
toward us through the holiday season.

We are very grateful to work in such a caring community
that makes a difference in our lives.



Employment Anniversaries:

CONGRATULATIONS to Amy Welch and Kara Dietrich who are
both celebrating Employment Anniversaries this month.

Amy is celebrating five fabulous years of employment at the Chalet.

Kara is celebrating four wonderful and amazing years of working
in the Vineyard office.

Thank you for all that you do for our campus!

**Ohio Living Vineyard on Catawba
will be closed on Tuesday,
January 1st for New Year's Day.**



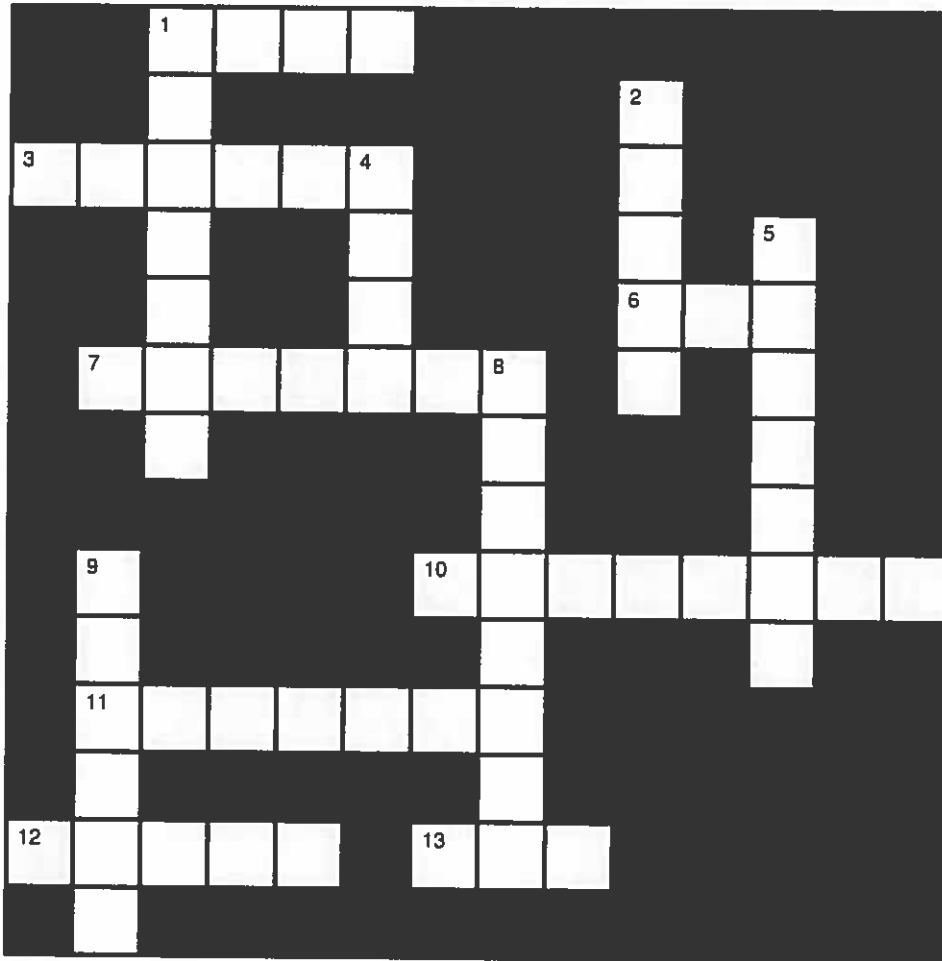
**The office will also be closed on
Monday, January 21st
for Martin Luther King Jr. Day.
However, there will still be a served
dinner from Avery's in the
Community Center at 5:00 p.m.
for those who have signed up
for that meal.**



**MAINTENANCE EMERGENCY #:
419.341.1145**



AUTHORS OF THESE BESTSELLERS CROSSWORD PUZZLE



ACROSS

1. JONATHAN LIVINGSTON SEAGULL RICHARD _____
3. AND THEN THERE WERE NONE _____ CHRISTIE
6. WAR AND PEACE _____ TOLSTOY
7. A TALE OF TWO CITIES CHARLES _____
10. GONE WITH THE WIND MARGARET _____
11. HARRY POTTER AND THE DEATHLY HALLOWS J.K. _____
12. THE LION, THE WITCH, AND THE WARDROBE C.S. _____
13. THE HOBBIT _____ TOLKIEN

DOWN

1. THE TALE OF PETER RABBIT _____ POTTER
2. THE ALCHEMIST _____ COELHO
4. THE DIARY OF A YOUNG GIRL _____ FRANK
5. THE LORD OF THE RINGS J.R.R. _____
8. THE CATCHER IN THE RYE J.D. _____
9. TO KILL A MOCKINGBIRD _____ LEE

WORD LIST: AGATHA, ANNE, BACH, BEATRIX, DICKENS, HARPER, J.R.R., LEO, LEWIS, MITCHELL, PAULO, ROWLING, SALINGER, TOLKIEN



The New Year:

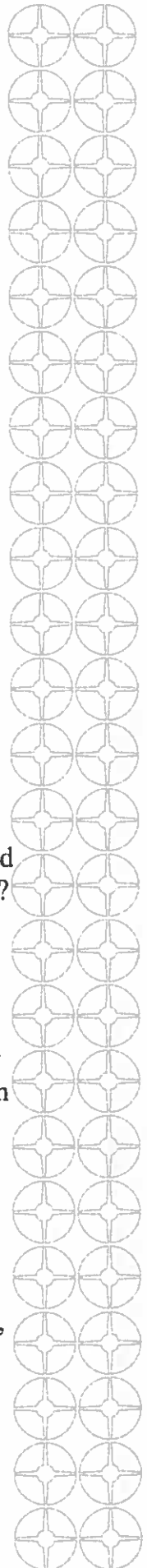
A Great Time for an Estate Plan Checkup

The start of a new year is filled with planning – you begin to assemble your income tax documents, and maybe even embark on a new diet or exercise program. We suggest that the new year trigger another activity: reviewing your will. With the events of the past year still fresh in your mind, now is a good time to check your will to see if it still meets your family's needs and your personal desires. Consider these will-impacting circumstances:

- **A change of needs and desires.** Are your children financially independent now? Are there charitable causes like Ohio Living Vineyard on Catawba you'd like to continue to support even after your lifetime?
- **A change of assets.** Do you no longer own certain items mentioned in your will? Has your estate increased in value? Can you minimize estate taxes to preserve the bulk of your estate?
- **A change in family.** Do you have a new grandchild or great-grandchild for whom you'd like to provide? Has one of your beneficiaries passed away since your last will revision?
- **A change in tax laws.** An attorney can best help you determine if anything in your will is affected by federal or state tax law changes.
- **A change of residence.** Does your will conform to the laws of the state where you now live? Has your will been reaffirmed by local witnesses? If the named executor resides in another state, will he or she be able to complete the required duties?

Reviewing your estate plans need not involve a lot of time and money, and the peace of mind you'll receive from knowing your plans are in order is well worth it!

If you'd like to learn more about how you can make a lasting impact at Ohio Living Vineyard on Catawba by making a gift through your will, please contact **Nancy Hamilton**, director of gift planning, at **419.907.4099**.



January 2019

Ohio Living Vineyard on Catawba 419.797.3100

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 *Office Closed* <i>Happy New Year 2019!!!</i>	2 Vineyard Voices 10:00 Pinochle 6:30 Texas Hold'em 7:00	3 Billiards 1:00	4 Bingo 1:30	5
6 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	7 Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	8 Health Screening 11:00 Ladies Lunch 11:45 Catholic Service 2:45 Yoga 3:00	9 Pinochle 6:30 Texas Hold'em 7:00	10 Music Memories 11:00 Billiards 100 Communion 2:00 Potluck Party 5:00	11 Arts & Crafts 1:30	12
13 Breakfast Bunch 8:00 Bible Study 10:00 Book Club 1:00 Technical Support 2:15 Dominoes 6:30	14 Breakfast Bunch 8:00 Bible Study 10:00 Book Club 1:00 Technical Support 2:15 Dominoes 6:30	15 Health Screening 11:00 H & W Seminar 1:00 Catholic Service 2:45 Yoga 3:00	16 Mid-Winter Golf Pinochle 6:30 Texas Hold'em 7:00	17 Coffee with the Administrator 10:00 Billiards 1:00	18 Movie Afternoon 1:30	19
20 *Office Closed* Martin Luther King Jr. Day	21 *Office Closed* Martin Luther King Jr. Day	22 Health Screening 11:00 Catholic Service 2:45 Yoga 3:00	23 Mid-Winter Golf Pinochle 6:30 Texas Hold'em 7:00	24 Billiards 1:00 Night Out 5:00	25	26
27 Mid-Winter Golf Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	28 Mid-Winter Golf Breakfast Bunch 8:00 Bible Study 10:00 Dominoes 6:30	29 Health Screening 11:00 Catholic Service 2:45 Yoga 3:00	30 Avery's Special Meal 5:00 Pinochle 6:30 Texas Hold'em 7:00	31 Billiards 1:00		